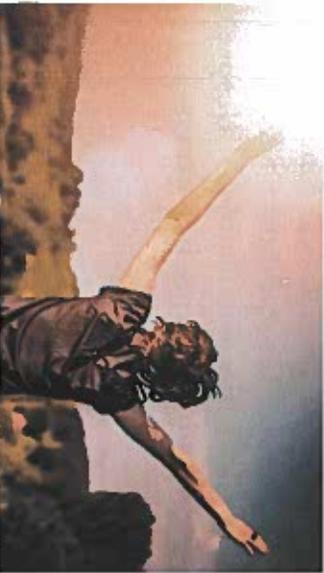


## CESS Services

Community Engagement Supportive Services assist in linking and referring clients to the following resources:

- Emergency Shelter
- Permanent Housing
- Emergency Clothing
- Emergency Food Baskets
- SSI/SSA Benefits Application or Appeal
- DSS/Cash Aide Assistance
- Substance Use Disorder Treatment (SUD)
- Primary Care Physician
- Other Mental Health Services Act Programs
- Easy access to Behavioral Health Services
- Department of Motor Vehicles
- Legal assistance
- Department of Rehabilitation (DOR)



For additional information, please contact program staff at:

### MHSA-Community Engagement

#### Supportive Services

313 S. Waterman Ave  
El Centro CA 92243  
(442) 265-7301  
[www.co.imperial.ca.us/behavioralhealth](http://www.co.imperial.ca.us/behavioralhealth)

Leticia Plancarte-Garcia

ICBHS Assistant Director

Maria Ruiz

ICBHS Deputy Director

Sylvia Bazan

ICBHS Behavioral Health Manager

Aida Castillo

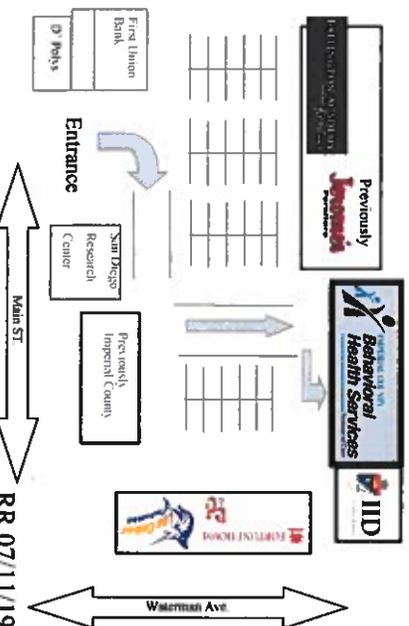
ICBHS Program Supervisor

#### 24-Hours Service

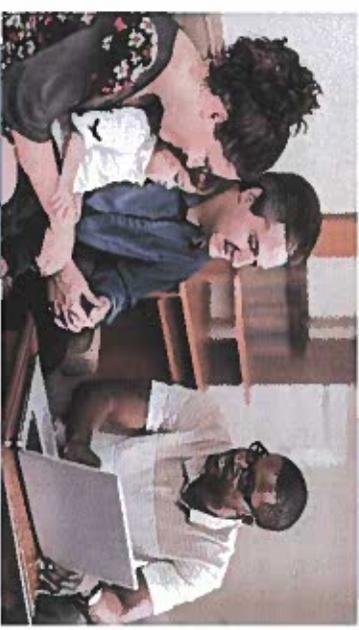
1-800-817-5292

Services are available  
Monday-Friday  
from 8:00 a.m. to 5:00 p.m..

**Located on the west side of the Valley Plaza**



**Mental Health  
Services Act  
Community  
Engagement  
Supportive  
Services**



**Andrea Kuhlen,**

**Director**

**202 N. 8th Street**

**El Centro, CA 92243**

**(442) 265-1600**

## What is Mental Health Services Act Community Engagement Supportive Ser- vices (CESS)?

CESS is a program developed to provide supportive outreach services and engagement to individuals 14 years of age and older including those who are homeless. CESS focuses in addressing the specific needs of each individual, to increased their support system and their willingness of engaging in their mental health treatment. CESS also aims to help individuals in process of integrating back with their family and or transitioning back into the community or into different levels of care.

### Services Available

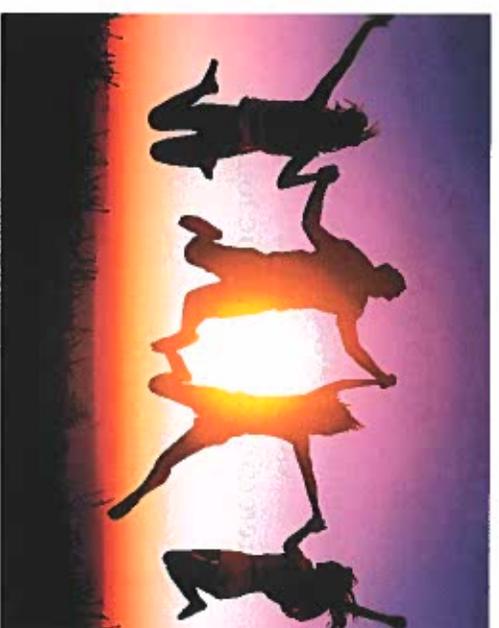
Individuals are assisted by ICBHS Mental Health Rehabilitation Technician (MHRT) who is trained to engage and link individuals to ICBHS outpatient services or to community resources. MHRT services are targeted to address the specific needs of each individual. CESS provide rapid access to initial admission process to include: Initial Intake Assessment, Initial Nurse Assessment and Initial Psychiatric Assessment.

### Referral

CESS will provide outreach and engagement to individuals who are referred by the community and community agencies including schools, the criminal justice system and local jail.

## Goals of the Community Engagement Supportive Services Program

- To promote well-being, recovery; and self help.
- To increase easy access to mental health services via MHSA-CESS Community Referral process.
- To ensure that individuals who experience first symptoms of a crisis situation are appropriately referred to services with the goal of alleviating stressors.
- To assist individuals in increasing family and/or community support system needed to successfully function within the community.
- To decrease stigma by increasing mental health awareness through community outreach and education.
- To ensure individuals who have just been release from the criminal justice system receive supportive services and have a successful reintegration back into the community by promoting a supportive environment.
- To decrease recidivism by providing easy access to mental health services.



### Confidentiality

All clients have the right to confidentiality. Imperial County Behavioral Health Services (ICBHS) is committed to protecting your health information. All services provided are kept private and confidential per Title 9 of California Code of Regulations and the Health Insurance and Accountability Act (HIPPA).

### Cultural and Linguistic Services

Language assistance and interpreter services are available to all clients who request such assistance. American Sign Language Interpretative Services are available for beneficiaries with speech and/or hearing impairments.