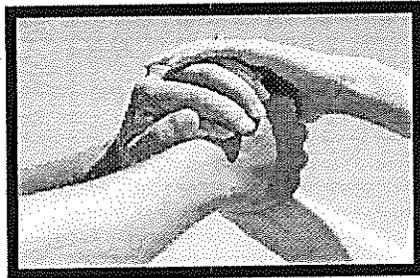


How can I learn more?

To learn more about SMART Recovery and the tools for recovery, you can go on-line to www.smartrecovery.org

Attend SMART Recovery meetings in your area. There is an active forum board available at:
smartrecovery.infopop.cc/eve/ubbx

Check out the many helpful publications available for purchase at www.smartrecovery.org



*We give people
their lives back
every day!*

For information Contact:
Susan Ireland (760) 222-2493
Don Gorham (760) 427-3185

Imperial Valley Support Groups

Day Reporting Center
324 Applestill Road, El Centro, CA
Every Monday
from 2:00 pm—3:15 pm

Salton City
1209 Van Buren Avenue #4, Salton City.
Every Tuesday
From 10:00-11:15

First Christian Church
215 Nth Imperial Avenue, Brawley, CA
Every Wednesday
From 1:00 pm – 2:15 pm

Niland Group
Niland Chamber of Commerce
8031 Highway 111,
Niland, CA 92257
Every Wednesday from 11:00 am-12:15 pm

**Imperial County Behavioral Health
(Co-occurring group)**
2695 4th Street, 2nd floor, Suite E, El Centro, CA
Every Wednesday
from 4:30 pm - 5:30 pm

Alano Club
564 Broadway El Centro CA
Every Thursday from 4:30 pm-5:45 pm

First Christian Church
215 Nth Imperial Avenue, Brawley, CA
Every Thursday from 6:45 pm -8:00 pm

Imperial Valley LGBT
1073 Ross Ave. Suite D.
El Centro, CA
Every Friday 4:30 pm - 5:30 pm

Updated 05-2018

**Self
Management
and Recovery
Training
(SMART)
Groups**

**Free Self-Help
Groups**