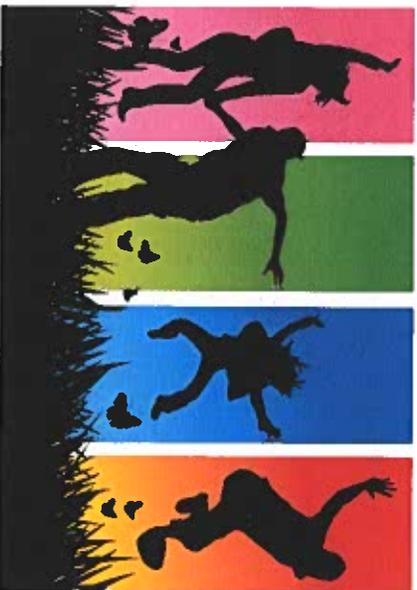




PIER MODEL
SUMMARY

The PIER Model objective is to educate the community, treat youth and assist families in preventing psychosis. We serve young people ages 12 to 25, their families, and their social networks to build support around the youth and promote success in relationships, education and employment. PIER Model is a recovery oriented program that strives to keep hope alive through education and early intervention.



Outreach & Engagement Services



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PIER Model

Need more information?
Give us a call at
(442) 265-7301
Or visit our website
www.co.imperial.ca.us/behavioralhealth

Business Hours
Monday—Friday
8am—5pm
*With an exception of County Holidays



PREVENTION
TODAY
FOR A BETTER
TOMORROW

PIER
Model
(Portland
Identification and
Early Referral)



202 N. Eighth Street
El Centro, CA 92243
(442) 265-7301

PIER MODEL

Who We Are

The PIER Model consist of mental health professionals trained to assess and treat youth experiencing early warning signs of psychosis.

Our Team will:

- Educate community members who will help identify young people who are showing early warning signs of psychosis.
- Conduct confidential assessments specifically designed to identify risk for actual psychosis.
- Provide individualized treatment for participants and their families.

Collaborating with the Community

Research has shown that educating the public and community leaders will significantly increase the chances that a young person will receive early treatment that can reverse the negative effects of psychosis. The PIER Model actively outreaches to the communities of Imperial County to help reduce misunderstandings about serious mental illness and provide information about early identification and treatment. Community members who are most likely to help identify these youth include staff at secondary schools, colleges, nurses, physicians, military leaders, spiritual leaders, police, mental health professionals and community centers.

Who We Serve

PIER Model provides confidential assessment and early assistance for young people between the ages of 12 and 25 who are at risk for mental illness in Imperial County.

The following symptoms are behaviors or feelings that can indicate a temporary reaction to significant stressors, or they can be early signs of a developing psychotic illness. If the youth presents a combination of symptoms, or the symptoms appear to worsen over time, this may indicate the onset of a mental illness. Symptoms include:

- Difficulty in maintaining focus, concentration or memory.
- Hearing sounds or voices, seeing visions, or experiencing strange sensations that other do not perceive.
- Difficulty with conversations or being understood.
- Feeling overly fearful or suspicious.
- Changes in sensitivity to light, sound or touch; decrease sense of smell.
- Dramatic changes in behaviors, ideas, sleep or appetite.
- Deterioration in school or work functioning.
- Suicidal ideations.

What We Do

The PIER Model assist youth and their families to build coping skills, reduce stress, and increase performance in all areas of the youth's life. Consultations and assessments with trained professionals will determine whether an individual could benefit from PIER Model services.

Treatment includes 12 to 18 months of:

- Multi-Family Groups
- Psycho-Educational/Problem-Solving
- Individual/Family Psychotherapy
- Occupational Therapy
- Education & Employment Support
- Nursing Services
- Peer Support/Mentoring

